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ALL ABOUT ME

A pathfinder designed for preschool through grade 2 children to help you find materials on children's self perception in the West Springfield Public Library Youth Department.

> Parent/Teacher Materials <

PARENT J372.21/TEA

Howe, Donna, et. al. Teaching Young Children Using Themes. Glenview, IL: Good Year Books, 1991.

A tool for creating wholistic, integrated early education programs for young children. Twenty four common early childhood themes.

PARENT J372.6/SHE

Shea, Ann T. & Paul Oh. All about Me Inside and Out. New York: Scholastic Professional Books, 2000.

Ready-to-go activities, games, literature links and hands-on reproducibles for a teaching unit on self concept. Designed for grades K-1.

PARENT J372.6/WIL

Williams, Diane. Self Esteem. Huntington Beach, CA: Teacher Created Materials, 1990.

A whole language, thematic unit which will help children build positive self-concepts. Primary grades.

> Non-Fiction <

J306.446./WAT

Waters, Jennifer. All Kinds of People. Minneapolis, MN: Compass Point Books, 2003.

Using simple language and bright photographs, this book explores the diversity among humankind, including differences in physical appearance, communication, mobility, and personality.

J612/EVANS

(also available in Oversized)

Evans, David & Claudette Williams. Me and My Body. New York: Dorling Kindersley, 1992.

Uses simple observations and experiments to explore the human body and how it works. Appropriate for Pre-K – 2.

> Folk Tales <

J398.2/CLI

Climo, Shirley. The Little Red Ant and the Great Big Crumb. New York: Clarion Books, 1995.

A small red ant finds a crumb in a Mexican cornfield, but she is afraid that she lacks the strength to move it herself and goes off to find an animal that can.

> Fiction <

EJ/ADO

Adorjan, Carol. I Can! Can You? Niles, IL: A. Whitman, 1990.

A little girl tells what her older sister is able to do that she cannot, but then she relates what she can do, which gets to be more every day.

EJ/APP

Appelt, Kathi. Incredible Me! New York: HarperCollins, 2002.

A girl celebrates her own individuality, from her freckles to her wiggles.

EJ/BRO

Brown, Margaret Wise. Another Important Book. New York: HarperCollins, 1999.

Illustrations and simple rhyming text describe how a child grows from ages one through six.

EJ/MIL

Miller, Margaret. Now I'm Big. New York: Greenwillow Books, 1996.

Several children reflect on the things they did as babies as opposed to the things they are able to do now that they are a little older and bigger.

EJ/PBK/PEN

Penn, Audrey. Sassafras. Washington, DC: Child & Family Press, 1995.

Sassafras, the little skunk, develops self-esteem when he learns the value of his "special gift" while playing with his friends in the woods.

> Video <

VIDEO J810.803/FRE

Free to Be..You and Me. Free to Be Foundation, Inc. Stamford, CT: Children's Video Library, 1983.

A number of stories, poems, and songs which demonstrate that people can choose to do or be whatever they desire.

JVIDEO/UGL

The Ugly Duckling. Hanna-Barbera Productions, Inc. Hanna-Barbera Home Video, 1990.

An animated version of the classic fairy tale. 30 min.

> Theme Kit <

WSPG JUV KIT

Self Esteem Kit.

Books, audio, video and other materials for teaching young children the concept of self esteem.

> Website <

Me Myself & I. Preschool Education Website. Updated periodically. Viewed March 7, 2005.
<http://www.preschooleducation.com/me.shtml>

This website has ideas for classroom activities on a variety of themes common to the preschool learning environment.

ASK ABOUT OTHER MATERIALS ABOUT SELF PERCEPTION IN THE YOUTH ROOM OF THE WEST SPRINGFIELD PUBLIC LIBRARY